

Directions to Halifax Canoe Club

We are located in Greenups Mill in the centre of Sowerby Bridge. **Parking is within the mill complex is for residents only**, there is a big car park at the rear of B&M / the Market next to the canal. Alternative parking is available around Sowerby Bridge, including the industrial estate upstream of the club .

From West on the M62 (junct 22): follow the A672 then A58 to Sowerby Bridge. Cross the river (the course can be seen on your right) and follow the road round to the right. To get to the club turn right at the big chimney and go down the ramp into the mill. To park, return to the main road, and turn right towards the traffic lights. At the lights turn left and immediately left again into the car park.

From the East on the M62 (junct 24): follow the A629, then A6026, then A58 to Sowerby Bridge. Turn left at the t-junction, come down the hill to the traffic lights. For parking turn right at the lights then immediately left into the supermarket car park. To get to the club go straight on at the lights then left just before the big chimney and down the ramp into the mill complex.

For a map to our location please see our website www.halifaxcanoe.org.uk.

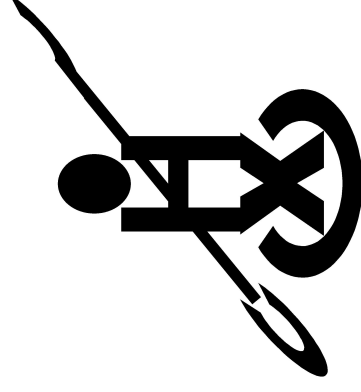
On SatNav use HX6 2AQ (the postcode of the mill we are based within).

Canoe 2012 - Slalom Taster Day

Halifax Canoe Club, Sowerby Bridge

Sunday 23rd May 2010

10am start



Halifax Canoe Club

"Canoeing and Kayaking are "Assumed risk" – "Water contact sports" that may carry attendant risks. Participants should be aware of and accept these risks, and be responsible for their own action and involvement

Who is this for?

This is fun day for anyone interested in trying canoe slalom, one of canoeing's Olympic disciplines. Coaches will introduce you to the basics of slalom racing, before giving you a chance to have a go at racing in a mini slalom competition. At the end of the day we'll give you information on Division 4 slalom events coming up so you can start racing!

We will be using the flat water and white water section of the river Calder at Halifax Canoe Club, **so paddlers should be at BCU 1 Star / Paddlepower Passport standard**, and some experience on white water would be helpful (but not essential).

What do I need?

Your usual kit for paddling, including helmet, buoyancy aid, warm clothes, and paddle. Our club gear will be available if you don't have or forget anything important. You will also need to bring lunch with you (there's not much open in Sowerby bridge on a Sunday).

Do I need a slalom boat?

No, you can use any river boat that you want, so bring your boat too. But we will have slalom kayaks and canoes available if you want to try one. Plus our club's general purpose kayaks will be available too.

Parents

You are very welcome to watch from the riverbank and find out more about canoe slalom - but you might need you wellies for the river bank! We also hope to run Q&A session to help parents find out more about slalom to help you go to an event.

Club Facilities:

We have toilets and changing rooms with showers at the club.

Refreshments:

Tea, Coffee, etc and cold drinks will be available in the club house, but you will need to bring your lunch.

Directions to Halifax Canoe Club:

Please see the back page for directions to the club.

Event Programme:

Morning - introduction to slalom coached session on the flat and moving water.

Afternoon - practice time then a mini slalom event on the river.

There will be prizes for various age groups and classes in the mini slalom.

Other important information:

Since we are on a residential site, we ask that you respect the needs of residents. Parking spaces within the mill complex are all allocated to residents, **so please do not park within the mill complex**. There is ample parking in Sowerby Bridge, including a large pay & display car park behind B&M supermarket – please ask if you need directions. You can come into the mill to drop off boats, **but must unload and immediately move your vehicle to a car park**.

We have a good relationship with residents and I thank you for your co-operation to enable us to maintain this by observing the following:

- **Do not leave boats where they will block resident's parking spaces or walkways. Where possible please leave boats on the riverside / at the get in landing - NOT in the mill area.**
- **Do not lean boats or equipment up against the walls of flats – particularly not near the flat by the changing rooms**
- **The grassed areas are people's gardens, so please keep off these areas.**
- **Please put rubbish in Canoe Club bins around the site**

Unfortunately, Sowerby Bridge is not a crime free zone so please be careful with your possessions . **You are strongly advised not to leave valuable in the Changing Rooms** – leave them with friends / relatives or they can be locked in our office for safekeeping.

We look forward to welcoming you to our event.

Les Ford (Organiser)

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